

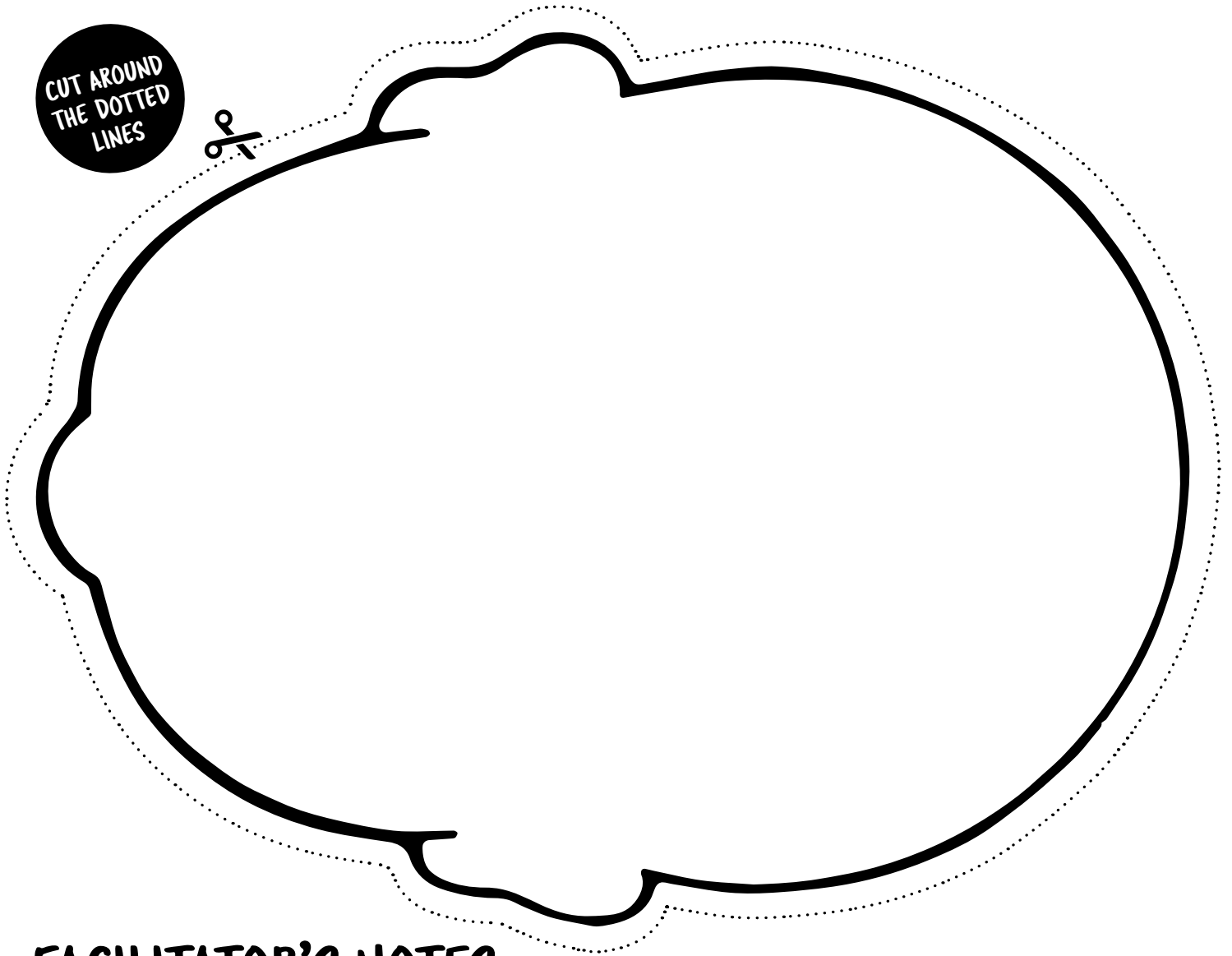
# MAKE A MASK

EXERCISE

6

## Understanding Hate – Beneath the Mask

CUT AROUND  
THE DOTTED  
LINES



## FACILITATOR'S NOTES

**Time Required:** 30 Minutes

**Objectives:** Examines others and what they might be feeling

**Description:** Group activity and discussion

**Resources required:** Card sheets with cut out masks, scissors, coloured pens,

1. Draw the mask of someone who might be the perpetrator of hate crime.
2. What might they look like?
3. How might they be feeling? **ANGRY**
4. How would you draw their emotions on the front of the mask?

## REFLECT

1. Have a discussion about what people have drawn
2. Are there similarities between the masks?  
If so, what are these similarities?
3. Now turn the mask over and ask participants to write or draw how someone might be feeling inside.
4. How might they be feeling? **AFRAID**
5. Write a poem – **BEHIND THE MASK**